

Brought to you by the Middelburg Tourist Information Center

Here's a curated guide from your friendly tourist center for a budget-friendly, fun-filled weekend!



Check the Middelburginfo.co.za website and local newspapers for upcoming events and activities in the area. To ensure your event is featured, contact the Middelburg Tourist Information Centre to have it added to the Middelburg Info calendar.

Today		March 2025							Month	
SUN 23	MON 24	TUE 25	WED 26	THU 27	FRI 28		SAT 1 Mar			
09:00 Dimes Run					Middleburg Country 10:45 UNDER THE 20200 New Slide					
2	3	4	5	6	7	8				
11:00 Iowa Brazil 11:00 Oregon Fly			08:00 Mpumalan 10:00 Laskap to	08:00 Mpumalan 10:00 Middleburg	10:00 Middleburg	14:00 Middleburg				
11:30 Rustique R/c	9	10	11	12	13	14	15			
			09:00 Middleburg Country Club 5A Senior Champions		09:00 Lame Del	04:30 Lets go to				
					15:00 Middleburg;					
16	17	18	19	20	21	22				
				09:00 Dims work;	09:00 Dims work;	09:00 Dims work;				
23	24	25	26	27	28		29			
09:00 Dims work;					WILLIAMSON RESEAT WREASING 10:00 CANADA SH		09:00 Women's 2 more			
30	31	1 Apr	2	3	4	5				
Middleburg 10 11:00 Sunday Lun			9:00 Autumn Nt		11:00 Ready to go 10:00 Morgan	10:00 Dams PATLU	09:00 Puggy pit 2 more			
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2. Go for a Nature Walk

Explore a nearby park, forest, or trail. Take in the fresh air, listen to birds, and enjoy the calming effects of nature.

3. Have a Picnic in the Park

Pack some homemade snacks and a blanket. Find a nice spot in the park to relax, people-watch, and soak up the sunshine.



4. Visit a Public Library

Spend time browsing books, magazines, or even digital resources. Join a free event or simply enjoy some quiet reading.

4. Try Home Yoga or Meditation

Follow a free online video or practice mindfulness on your own to relieve stress and improve your well-being.



5. Watch the Sunset or Sunrise

Wake up early or stay out late to catch the beautiful colors of the sky changing. It's a peaceful, inspiring way to start or end your day.

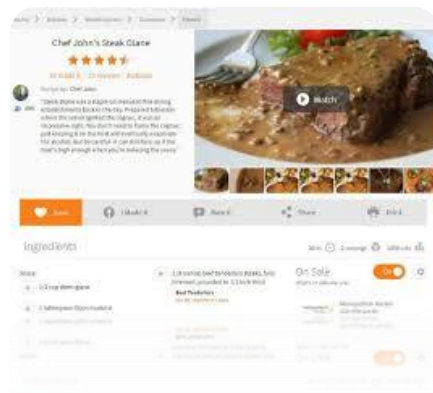


6. Explore Your Neighborhood

Walk or bike around your local area and discover hidden gems, murals, or architecture you've never noticed before.

7. Have a Movie Marathon at Home

Pick your favorite movies or a series you've wanted to watch. Make some popcorn and create a cozy movie theater vibe.

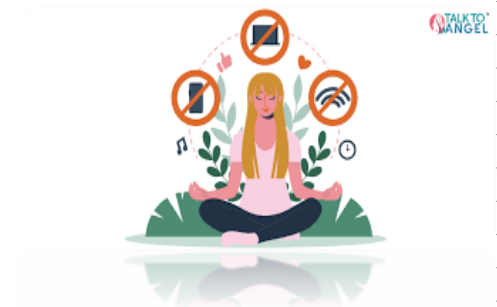


8. Cook a New Recipe with What You Have

Get creative in the kitchen by inventing a dish from ingredients already in your pantry or fridge.

10. Do a Digital Detox

Turn off screens for a day or a weekend. Use that time to reconnect with yourself or others without digital distractions.





11. Start a Journal or Sketchbook

Write down your thoughts, dreams, or creative ideas. Sketching can also be a fun way to express yourself.

12. Practice Photography with Your Phone

Capture interesting scenes or objects around you. Try to find beauty in everyday life without spending a dime.



13. Host a Game Night

Invite friends or family for board games or card games you already own. Laughter and fun guaranteed.

14. Volunteer Locally

Find a nearby community project or charity that needs help. It's rewarding and a great way to meet new people.



15. **Try Gardening or Plant Care**

Use leftover seeds or cuttings to grow plants indoors or outside. Watching them grow can be very satisfying.



16. **Do a Home Workout**

Use bodyweight exercises like push-ups, squats, or yoga poses to stay active without any equipment.

17. **Listen to Free Podcasts or Audiobooks**

There are thousands of free podcasts and audiobooks online covering every topic imaginable.



18. **Make DIY Crafts from Recycled Materials**

Create something new from things you already have, like jars, paper, or fabric scraps.

20. **Write Letters to Friends or Family**

Send a heartfelt handwritten note to someone you care about. It's meaningful and costs only a stamp that you can buy at the Middelburg Post office.



21. **Stargaze in Your Backyard**

Find a dark spot, lay back, and watch the stars. Try to identify constellations or just enjoy the vastness of space.

22. **Have a DIY Spa Day**

Use household ingredients for facemasks, scrubs, or a relaxing bath. Treat yourself to some self-care.

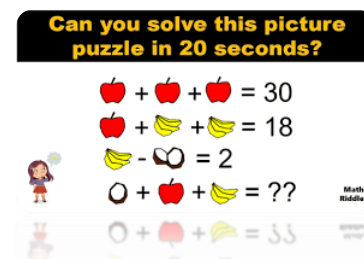


23. **Learn a New Skill with Online Tutorials**

From drawing to coding, there are countless free tutorials online to help you pick up something new.

24. **Do a Puzzle or Brain Teasers**

Challenge your mind with puzzles, riddles, or crosswords that you already have or can find online for free.



25. **Explore Local Historic Sites**

Take a self-guided tour of historic landmarks or neighborhoods nearby to learn more about your area.



26. **Have a Photo Scavenger Hunt**

Make a list of objects or scenes to find and photograph. You can do this solo or with friends.

27. **Practice Mindful Breathing**

Spend a few minutes focusing on your breath to relax and reduce anxiety.



28. **Create a Vision Board with Magazines or Printouts**

Cut out images and words that inspire you and arrange them onto a board to visualize your goals

29. **Read Free E-books or Online Articles**

Many classics and new titles are available for free online. Explore topics that interest you.



30. **Try Origami or Paper Folding**

Use scrap paper to fold simple or complex shapes, developing focus and creativity.



31. **Plan Your Next Adventure**

Research free or low-cost destinations and activities for your future travels.

32. **Host a Potluck with Friends**

Everyone brings a dish from home, and you share a meal together without spending extra money.



33. **Go Birdwatching**

Find a quiet spot and observe the different bird species around. Use a free app or website to identify them.

34. **Declutter and Organize Your Space**

Clear out old items, organize drawers, or rearrange furniture for a fresh start.





35. Listen to Free Music or Discover New Artists

Use streaming platforms to explore genres you've never tried before.

36. Write Poetry or Short Stories

Express your creativity through words and storytelling.



37. Build a Fort or Cozy Reading Nook

Use blankets, pillows, and furniture to create a comfy spot for relaxing or reading.



38. Practice Gratitude Journaling

Write down things you're thankful for to boost your mood and perspective.



"HOW DO WE CHANGE THE
WORLD? ONE RANDOM ACT OF
KINDNESS AT A TIME."

- MORGAN FREEMAN



RANDOM ACTS OF KINDNESS
FOUNDATION
www.randomactsofkindness.org

39. Do a Random Act of Kindness

Help a neighbor, compliment a stranger, or pick up litter in your community.

40. **Attend Free Local Events or Workshops**

Look for free talks, concerts, or classes happening in your town or city.

Attend events and trade shows

Have a clear objective



41. **Make a Time Capsule**

Collect meaningful items and notes to open in the future.

42. **Try Star or Cloud Watching**

Spend time identifying cloud shapes or constellations.



43. **Play with Pets or Volunteer at an Animal Shelter**

Spend quality time with animals, either on your own or by volunteering.

44. **Create a Family Tree or Explore Your Ancestry**

Use free online tools to learn more about your family history.

